

Homework Assignment Follow Session #2

Our challenge is to spend 10 - 15 minutes every day with this one gospel passage that we prayed last night (Mk 10:46-52), praying in the same method as last week (the one we are learning). Each day you can be a different person in the story; A passive member of the crowd, a member of the crowd who spoke to the man to discourage him, one of Jesus's disciples who encouraged him, another blind person sitting alongside the same road next to Bartimaeus, or even Jesus. Remember you can journal about your prayer experiences, that helps you to have a deeper experience, and also end each day's prayer in a prayer of lifting the heart to God in love.

Note, if you missed last week (or lost the handout) here is a summary of the method of prayer we learned on the first night. (Contact Jamie in the office jamie@olgmail.org or 310-372-7077 x228) if you would like a link to the first night teaching video. Peace

1. Ask for the Holy Spirit to come on you/in you during your prayer time.
2. Ask Jesus to reveal Himself to you.
3. Read the passage one time through to get a Big Picture.
4. Then put yourself in the shoes of one of the characters in the passage (in this passage begin with Andrew), and read AGAIN the passage prayerfully and SLOWLY, seeing the scene, imagining as much as possible, see the sights, hear the sounds, smell the smells, feel the feelings, think the thoughts that Andrew would. Continue through the passage this way. Feel free to allow insights to come, questions to be pondered, let the images or feelings remind you of times/situations in your life. Let it come alive. Don't be afraid to go off-script!
5. You are not trying to as much understand the meaning of the passage, you are trying more to make room for Jesus to talk to you, to reveal Himself or something to you. No matter how advanced a pray-er you are, or if even a complete beginner at reading scripture, God can speak to you during this time/process.
6. There may be parts of the passage you don't understand, or that you can't relate to, try not to let that frustrate you and distract you, but be open to

what does speak to you, and how God could speak to you through the passage, no matter how well or not well you understand it. In other words, you may have to “wrestle” with it.

7. Feel free to read again doing the same, you can read many times in this way.
8. If you like to journal, do that about the insights you had.
9. **Close in a prayer of the heart. During the prayer move from the mind to the heart. End by lifting up thanks and praise to God, and lift up your heart in Love. Let God's love sculpt your heart like the clay on the potter's wheel. note this is in bold print because it's important to end this way, lifting up your heart in love to God.**
10. Each day you can repeat, and if you need to you can be a different person in the scene. In this scene that might be John the Baptist, the other disciple, Peter, or Jesus. Or additionally, in this scene and any scene, you could be a third person observer not mentioned in the scene.