



MASS SCHEDULE

Daily Mass: 8 AM Monday - Saturday (Tues & Thurs in Spanish)

Saturday Vigil: 5 PM, 7 PM (Spanish)

Sunday: 7 AM, 8 AM (Spanish), 10 AM, 12 PM, and 6:30 PM

RECONCILIATION

Confessions are available on Saturdays from 9-10 AM and by appointment (call the parish office to schedule a time).

Afraid of going to confession? Or wonder why it's important?

[Click here for helpful insight](#)

ADORATION & PRAYER

Adoration of the Blessed Sacrament every Tuesday in the Church from 4:00 – 7:00 PM. Our Church is open daily until 7 PM, you are welcome to come for private prayer any day.

BECOME A PARISH MEMBER

Please join us so that we can help serve you better. [To get started, click this link to complete our new member form.](#)

OUR LADY OF GUADALUPE CHURCH

440 Massey Ave

Hermosa Beach, 90254

ourladyofguadalupechurch.org

CLERGY

Pastor

Rev. Paul Gawlowski, OFM Conv.

Associate Pastor

Rev. Carlos Morales, OFM Conv

Friars In-Residence

Rev. Peter Mallin, OFM Conv.

Rev. Joseph Kim, OFM Conv.

Br. John Flemming, OFM Conv.

PARISH OFFICE

244 Prospect Ave.

Hermosa Beach, CA 90254

(Corner of Prospect & Massey St)

Email: office@olgmail.org

Office Phone: [310-372-7077](tel:310-372-7077)

Phone Operator Hours:

Monday-Friday 8 AM - 4 PM

Saturday 9 AM - 1 PM

[Parish Staff Directory](#)

SCHOOL INFORMATION

Principal April Beuder

320 Massey Street

Hermosa Beach CA 90254

310-372-7486

[Ourladyofguadalupeschool.org](http://ourladyofguadalupeschool.org)

Jesus invites us to share, give, and receive

LET'S PREPARE OUR HEARTS FOR MASS

Heading to Mass can sometimes find us breathless and far-distance spiritually, unprepared to deeply participate in the liturgy. Like other treasured moments of our lives where we seem to “blink and miss it,” such a disconnect during Mass could cause us to slip away from the immediacy of worship and stagnate into a routine of going to church instead of a dynamic experience that energizes and supports us through the rest of our busy days. Reading and praying the scriptures proclaimed at Mass is a wonderful way to help us avoid the stagnate routine.

BEFORE COMING TO MASS

Take time to read the Mass readings. Ask the Holy Spirit to open your mind and heart to hear the Word of God.

SUNDAY JULY 25

First Reading: “For thus says the LORD, ‘They shall eat and there shall be some left over.’” (2 Kgs 4:43)

Psalm: The hand of the Lord feeds us; he answers all our needs. (Ps 145)

Second Reading: One body and one Spirit, as you were also called to the one hope of your call; one Lord, one faith, one baptism; one God and Father of all. (Eph 4:4-6)

Gospel: Then Jesus took the loaves, gave thanks, and distributed them to those who were reclining, and also as much of the fish as they wanted. (Jn 6:11)

To read the full Mass Readings, [click here](#)

IN CHURCH BEFORE MASS STARTS

The second you walk into the church you've walked into one very large Eucharistic adoration chapel. So, whether you get to Mass 15 minutes or 1 minute before it starts, focus on the tabernacle, remember Who's inside, and why He called you here. This will put you in the right frame of mind for Mass.

HELP YOUR FAMILY PREPARE FOR MASS

Franciscan Media offers a weekly Mass reading preparation guide for families and young people of all ages.

Click here to access the [***Faith and Family for July 25: Multiplication of the Loaves***](#)

GOSPEL REFLECTION FROM FATHER CARLOS

The Gospel account in Sunday's Mass reading has a profoundly Eucharistic meaning. After feeding on the "bread of the Word", the crowd feeds on the "bread of the Eucharist". The hunger for truth and fullness can only satisfy God. The Eucharist is more than an obligation, it is a necessity. Here we come to satisfy our hunger, to celebrate our faith, to satisfy ourselves with the favors of God. We would be foolish if we do not take advantage of this food that he gives us. Let us live with intensity each gesture, each word of the Eucharist with sincere attitudes of gratitude, praise, forgiveness, request for help, and offering of our life. Is there something more wonderful in our world? And let us not stash away for ourselves the grace received. There are twelve leftover baskets! We are disciples of Jesus, so let us invite everyone to savor and live the great gift of God's presence among us. ~ Fr. Carlos



Un mensaje del p. Carlos

COMPARTIR, DAR, RECIBIR

Paz y Bien, estamos en la semana 17 del tiempo

Ordinario y cada domingo y cada día, Dios se comunica con nosotros de muchas formas y nos pide esa comunicación con los demás y una forma es compartir con otros , nuestros dones, sufrimientos, comida, alegría, la vida etc. Hoy concretamente vemos a Jesús en su ministerio compartiendo con todos no solo su sabiduría y bendición, si no, su pan, amor y paz.

Estos números son simbólicos que nos refieren a : muchedumbre, plenitud, abundancia, una visión de la Iglesia repartiendo el pan de la palabra, enseñando, curando, hay una unión entre palabra y pan. La misión nuestra participando en la Eucaristía es vivirla, hacerla presente ahí donde vamos, que esa enseñanza se multiplique , se de y se reparta. Es el milagro de multiplicar y compartir los dones que hemos recibido de Dios.

Los pastores de la Iglesia han de dar ese pan y ayudarnos a compartirlo. Deben ayudar a que llegue a todos, el pan material que acaba con el hambre del cuerpo, y el pan de la palabra y la Eucaristía, que sacia el hambre más existencial del hombre. En este milagro de la multiplicación de los panes se ven como diseñadas las tareas pastorales de la Iglesia: predicar la palabra, repartir el pan eucarístico y servir el pan a los pobres. Estos son los tres ministerios: catequesis, celebración y servicio a los necesitados, Y Jesus nos vuelve a decir hoy, denles ustedes de comer.

Nos toca ahora a nosotros. El relato evangélico tiene un significado profundamente eucarístico. Después de alimentarse del "pan de la Palabra", la multitud se alimenta del "pan de la Eucaristía". El hambre de verdad y plenitud sólo puede saciarla Dios.

La Eucaristía más que una obligación es una necesidad. Aquí venimos a saciar nuestra hambre, a

celebrar nuestra fe, a saciarnos de los favores de Dios. Seríamos necios si no aprovechamos este alimento que nos regala. Vivamos con intensidad cada gesto, cada palabra de la Eucaristía con actitudes sinceras de agradecimiento, alabanza, perdón, petición de ayuda y ofrecimiento de nuestra vida. ¿Hay algo más maravilloso en nuestro mundo? Y no nos reservemos para nosotros la gracia recibida. Son doce los canastos sobrantes, somos nosotros ahora los discípulos de Jesús, invitemos a todos a saborear y a vivir el gran don de la presencia de Dios entre nosotros.

Cuando llegamos a esta mesa común de la palabra y del pan eucarístico, llegamos con casi la misma situación todos, de necesidad, de alegría, preocupación, enojos etc. Y eso nos hace ser iguales, no hay preferencia o un pan mejor o un vino mejor para unos y otros, no. Pero con la seguridad de que Dios nos sostiene y alimenta de muchas formas. Es por eso que debemos procurar que tengamos comida sobrante para poder ayudar a los necesitados que no solo tendrán hambre de pan, si no de Dios. ¿Cómo ayudaremos a saciar esa hambre de Dios? ¿Estamos listos para compartir al Díon de la vida con los demás? Seguro que sí, y seguramente diremos cómo puedo hacer eso Pues solo déjate llevar por ese deseo y compromiso así como Jesús lo hizo con los hombres y mujeres que lo seguían.

La liturgia de la misa dominical sigue presentando ante nuestra mirada la carta de San Pablo a los Efesios, Ahora les dice que sean siempre humildes y amables, comprensivos, sabiendo sobrelevar los unos a los otros con amor... Sus palabras, no lo olvidemos, se dirigen también a cada uno de nosotros, esperando una respuesta a esa exigencia que nos pone por delante. Bendiciones, Paz y Bien

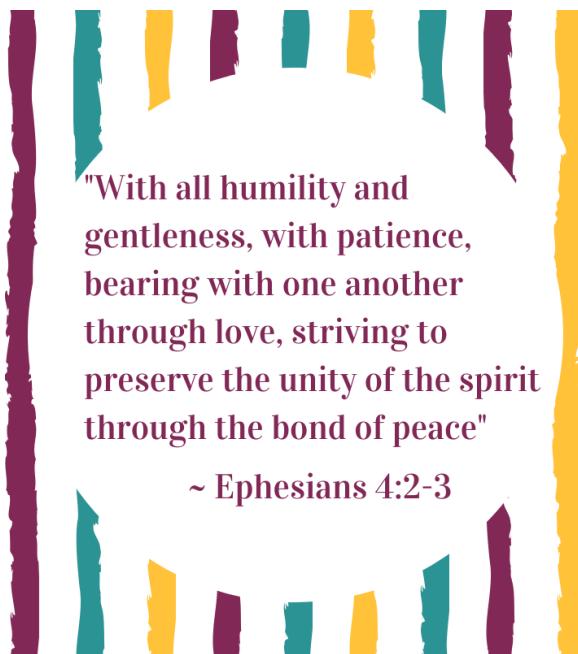
OPPORTUNITIES TO GROW IN FAITH

LIVE IN GOD'S LOVE

Are you striving or looking for something? Wondering how to live your purpose? How to be truly happy? God loves and cares for us mind, body, and soul. He has forgiven our sins and healed our brokenness. We are called to respond to the love of God and live in that love.

Open your Bible and read ***Ephesians 4:1-6*** reflects on these encouraging words of hope and love. Invite the Holy Spirit to help you reflect on:

1. What does the passage say?
2. What does the passage say to me?
3. What do I want to say to God?
4. What does God want to say to me?



IS GOD TRULY WORKING WITHIN ME?

Here's a 3-minute retreat to reflect on that question.

A Work in Progress

START YOUR RETREAT ➔

REMEMBER THE SABBATH DAY

We are not created to give our lives to work. We are created to give our lives to God and to our loved ones. [Read this inspiring reflection from Archbishop Gomez on how to keep our balance and perspective.](#)

Let us pray together this week

**Come, Holy Spirit, ignite our hearts with the fire of God's love.
In Jesus' name Amen.**



Jesus said, Let the little children come to me (Matthew 19:14)

Children's Liturgy at Our Lady of Guadalupe is a program where kids ages 3-8 can go to a different room for parts of the Mass to receive simple explanations of the bible readings while adults stay in church and focus fully on the Word of God.

If you are interested in helping children understand the Mass Readings at their level, please contact the Church Office (310) 372-7077 or by email at office@olgmail.org Free training is offered!

Visit our [Children's Ministry page](#) for children's prayers and parent resources

Let's raise little disciples together!



Not a Catholic?

Baptized in another faith?

Thinking about becoming a Catholic?

Like to know more about the Catholic Faith?

If yes, then you may be interested in exploring the teachings of Jesus Christ and the Catholic Church. The Rite of Christian Initiation (RCIA) is the Catholic Church's way of bringing new members into the community of faith. It can be looked at as the "formation program" for those entering the Church. We also invite those who have already received their sacraments of initiation and would like to learn more about their Catholic faith.

RCIA 2021-2022 starts on September 16th, 2021.

For more information visit the [RCIA page](#) on our website.

A graphic for Confirmation Classes & Youth Ministry. It features a blue background with a yellow sunburst on the right. The text "Confirmation Classes & Youth Ministry" is at the top, followed by "High School teens encountering Christ in a life-changing way".

Confirmation Classes & Youth Ministry
High School teens encountering Christ in a life-changing way

A graphic for Family Faith Formation. It features a blue background with silhouettes of people. The text "Family Faith Formation" is at the top, followed by "Religious Education Programs For Grades Pre-K to 8th and their families".

Family Faith Formation
*Religious Education Programs
For Grades Pre-K to 8th
and their families*

PARISH ANNOUNCEMENTS

JOIN ONE OF THE CHOIRS AT OLG!

The music ministry is ready for a renewal. Be a part of an angelic choir to sing God's message into the world. Please contact Bobbi Lambert for details:
bl.lambert@la-archdiocese.org

LOOKING FOR VOLUNTEERS TO HELP AT MASS!

We are in need of volunteers to help at Mass. We invite everyone to pray to the Lord asking how He is calling you to serve. [Click here for a list of Mass volunteer opportunities.](#)

Healing & Memorial Mass

Fri July 30 @ 7 PM

"Bless the LORD, o my soul, and forget not all his benefits, who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit, who crowns you with steadfast love and mercy, " Psalm 103:2-4

If you lost someone during the pandemic, we invite you to bring a flower in honor of them and place it at the altar at the beginning of this Healing & Memorial Mass. We also invite you to submit a photo of the faithfully departed so we can remember them in our Memorial Slide. Additionally, if you know of a first responder, doctor, nurse, or medical aide who've given us much care during the Pandemic, please let us know their name. We want to offer God thanks for these living angels at this Mass. For more information, please contact the office at 310-372-7077 or office@olgmail.org.

OLG YOUNG ADULT MINISTRY

MASS, COFFEE, & DONUTS

SUN. 7/25 @ 10:00 AM

MASS STARTS @ 10, STOP BY THE HALL AFTER MASS AND ENJOY
SOME COFFEE & DONUTS AND CHAT WITH FELLOW PARISHIONERS,
\$1 DONATION

Knights of Columbus Council #4567 will be selling tickets after all Masses this weekend for **Rancho San Antonio** an instructional home in Chatsworth that supports over 100 boys funded by Catholics through the Knights of Columbus. The boys learn how to lead productive lives at Rancho San Antonio instead of going to Juvenile Hall. Almost all are never arrested again. For over 75 years, people like you help make Rancho a safe place where wayward teens literally turn their lives around in faith-based counseling and opportunities to be safe, educated, and goal driven. Please support today.

CHURCH CALENDAR

Here are a few weekly highlights. [Visit our website for a complete calendar.](#)

MONDAY

+ **Rosary Prayer Group** in the church at 5:30 PM

+ **Young Adult Men's & Women's Bible Study Groups** For more details contact Natalie Mejia nataliemadonnamejia@gmail.com or Long Do at longhoangdo@gmail.com

+ **Teen Prayer Workshop** at 6:30 PM (ZOOM)

+ **Baptism Preparation Class in Spanish** on August 2 at 7 PM in Room 3.

TUESDAY

- + **Music Prayer Jam with Bobbi Lambert** (livestream) at 12 noon
- + **Adoration of the Blessed Sacrament** in the Church from 4:00 – 7:00 PM
- + **Scripture Faith Sharing Group** from 7-8 PM via Zoom. Read and discuss the upcoming Sunday Mass readings. All adults are welcome. Contact Carlos Diaz scripture@olgmail.org
- + **Teen Prayer Workshop** at 6:30 PM inside the Hall.
- + **Choir Practice for 10 AM Mass on July 27** at 7:15 PM

WEDNESDAY

- + **Choir Practice for 6:30 PM Mass is on July 28** at 6:30 PM
- + **Choir Practice for 8 AM Spanish Mass is on July 28** at 7:15 PM

THURSDAY

- + **Music Prayer Jam with Bobbi Lambert** (livestream) at 12 noon
- + **Social Justice Monthly Meeting** (Zoom), contact Jan at olgsocialjustice@gmail.com
- + **Theology Discussion with Young Adults** is TBA, contact Natalie at nataliemadonnamejia@gmail.com

FRIDAY

- + **Healing and Memorial Mass on July 30 at 7PM**, contact jamie@olgmail.org

SATURDAY

- + **Men's Breakfast Group** at Tommy's in Lawndale on the 1st and 3rd Saturdays at 7 AM contact Chris Barnes, 310-686-2314

TITHES & OFFERINGS

Weekly Collection for July 18, 2021

Envelopes Mailed: \$1,050

Mass Collection: \$4,380

Online: \$5,117.68

Total Collection \$10,547.68

Thank you for your financial contributions!

Giving with a cheerful heart is one of the ways we show our obedience to God and demonstrate our recognition that we are only stewards of our earthly possessions. God gives to you so He can give through you.

Please consider giving online for your church offering. Your offering to Our Lady of Guadalupe makes a difference in our parish and throughout our local community. Thank You.



SECOND COLLECTION - NEXT SUNDAY AUGUST 1: Will help support the **Maintenance fund**, this essential fund helps keep our facilities safe and maintained. Thank you for your donation!



MASS INTENTIONS & READINGS

for the week



MASS INTENTIONS

SUNDAY, JULY 25

7 AM Int of John Girard (Birthday) (Dixie Girard)

8 AM (+) Jose Antonio Ortega (Family)

10 AM (+) Maria Vu Mung, (+) Joseph Cao

12 PM OLG Parishioners

6:30 PM Int of Margie Maya-Diaz (Robles Family)

MONDAY, JULY 26

8 AM - (+) Frances McFadden (Anne Kealey)

TUESDAY, JULY 27

8 AM (+) Raymond Chris Blackstad (Linda Governale & Family)

WEDNESDAY, JULY 28

8 AM (+) Oscar Torres Lores (Torres Family)

THURSDAY, JULY 29

8 AM (+) Juan Ayala (Rosa Cruz)

FRIDAY, JULY 30

8 AM (+) Judy Kendrick (Dixie Girard)

SATURDAY, JULY 31

8 AM -

5 PM (+) Maria Elena Serrano (Eva Ramos/ Family)

7 PM Int of Fred Signer (Marta Signer)

What is a Mass Intention?

When a Mass is celebrated, the priest can offer each celebration of the Eucharist for a particular person or intention. By doing so, special graces from God are applied upon that person or intention. This is a tradition seen in St. Augustine's Confessions where St. Monica asks Augustine, "One thing only I ask you, that you remember me at the altar of the Lord." *If you would like to add someone please complete this form:* <https://olg.breezechms.com/form/MassIntention>

Please remember to pray for **God's tender mercy be upon those we love, especially:**

The sick and homebound members of our parish who cannot celebrate the liturgies with us.

Deborah Portzer, Janet and Felix Marquez, Piedad Garbalosa, Josephine Jaimes, Maureen Russell, Aileen Connolly, Martha Vidal, Alfred Beck, Luzmila Alcala, Charlie Baumann, Maggie Baumann, George Anderson, Karen Anderson, Nieves Gonzales, Senaido Vargas, Arturo Veiga, and Jorge Figueroa Sr.

And for those who recently departed.

If you would like to add someone to our Prayer Requests, please contact office@olgmail.org or call the parish office at 310-372-7077.

DAILY MASS READINGS

MONDAY, JULY 26

Ex 32:15-24, 30-34/Ps 106:19-20, 21-22, 23 [1a]/Mt 13:31-35

Saints Joachim and Anne

TUESDAY, JULY 27

Ex 33:7-11; 34:5b-9, 28/Ps 103:6-7, 8-9, 10-11, 12-13 [8a]/Mt 13:36-43

Blessed Antonio Lucci

WEDNESDAY, JULY 28

Ex 34:29-35/Ps 99:5, 6, 7, 9 [cf. 9c]/Mt 13:44-46

Blessed Stanley Rother

THURSDAY, JULY 29

Ex 40:16-21, 34-38/Ps 84:3, 4, 5-6a and 8a, 11 [2]/Jn 11:19-27 or Lk 10:38-42

Saints Martha, Mary and Lazarus

FRIDAY, JULY 30

Lv 23:1, 4-11, 15-16, 27, 34b-37/Ps 81:3-4, 5-6, 10-11ab [2a]/Mt 13:54-58

Blessed Solanus Casey

SATURDAY, JULY 31

Lv 25:1, 8-17/Ps 67:2-3, 5, 7-8 [4]/Mt 14:1-12

Saint Ignatius of Loyola

To view the USCCB Daily Readings, [click here](#)

SACRAMENT CARE

Preparation Infant Baptism

It is a cause of great joy and celebration to baptize your child (or children) into the Catholic Church, especially here at Our Lady of Guadalupe Church. Taking this step is an integral part of your faith, the beginning of your promise to raise your child in the teachings of Christ and the Catholic Church. For more information, visit the [Baptism Page on our website](#) or contact the parish office. If your child is over 5 years old, our team will provide you with additional information on the baptismal preparation process.

Become a Catholic

For adults who would like to receive Baptism, Eucharist, or Confirmation or just want to learn more about the Catholic faith, please register for the [Rite of Christian Initiation for Adults \(RCIA\)](#) [click here](#).

Marriage Preparation

To begin the marriage preparation process contact the parish office at least six months before the date you wish to get married. Please do not plan on a specific wedding date until you have had your first meeting with the Priest who will marry you. [For a great resource to help you plan your Catholic Wedding, click this link.](#)



From July 25–31, the Church in the United States observes **National Natural Family Planning (NFP) Awareness Week - July 25-31**. NFP can sometimes help couples struggling with infertility to conceive a child. Learn more about NFP at usccb.org/nfp.

Seven Considerations While Navigating Infertility

Read the full version at respectlifeprogram.org/navigating-infertility.

We often assume parenthood happens easily after “I do,” but for many married couples, it does not. For some, the joy of conception never happens. Others suffer repeated miscarriages. Still others experience secondary infertility: after giving birth to one or more children, they are unable to have another. If you experience difficulty bringing a child into your family, know that God is with you, and that He has a beautiful plan for your life as a married couple.

God is with you, and His Church desires to walk with you.

You are not alone; His Church desires to walk with you. The full article at the website listed above contains compassionate, practical guidance, intended primarily for married couples struggling with infertility, though others may also find it to be informative.

This is a summary of a USCCB Respect Life Program article by the same name and is reprinted with permission. © 2019, USCCB, Washington, D.C. All rights reserved.

IS GOD CALLING YOU?

May the eyes of your hearts be enlightened, that you may know what is the hope that belongs to his call, what are the riches of glory in his inheritance among the holy ones. – Ephesians 1:18

We are blessed in our Church with many who follow in the footsteps of Christ in service to the Church. Visit our website to explore vocation opportunities in religious life: [Vocation Information - Is God calling you?](#)

IN OUR COMMUNITY

CATHOLIC SCHOOL SCHOLARSHIPS

Catholic school students are now back in the classroom – on the road toward graduation and becoming the future leaders of tomorrow! The Catholic Education Foundation of Los Angeles has received a \$50 million gift to provide financial support to new elementary and high school students enrolling in an Archdiocesan school in Los Angeles, Ventura, and Santa Barbara counties. Families interested in the Archdiocese of Los Angeles Catholic schools are encouraged to visit lacatholicschools.org or call (213) 637-7070 for more information and access to financial assistance. Schools are enrolling now for the Fall. Catholic education is affordable and tuition assistance is available!

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Los estudiantes de escuelas católicas ahora están de regreso en el salón de clases, ¡en camino hacia la graduación y a convertirse en los futuros líderes del mañana! La Fundación de Educación Católica de Los Ángeles ha recibido una donación de 50 millones de dólares para dar apoyo financiero a los nuevos estudiantes de primaria y secundaria que se inscriban en una escuela arquidiocesana en los condados de Los Ángeles, Ventura y Santa Bárbara. Se anima a las familias interesadas en las escuelas católicas de la Arquidiócesis de Los Ángeles a que visiten lacatholicschools.org o llamen al (213) 637-7070 para obtener más información y acceso a asistencia financiera. Las escuelas están inscribiendo ahora para las clases que comienzan en el otoño. ¡La educación católica es asequible y hay asistencia disponible para la matrícula!

Is God Calling you to be a Sister? Join the Daughters of Charity in Los Angeles for **PRAY! SEEK! SERVE!**
August 7-8. An Online and In-Person Religious Vocation Discernment Retreat for Single Catholic women ages 18 – 40. For information and Registration contact: Sister Lisa Laguna, D.C. 213-210-9903 or email Srllaguna@doc1633.org. or visit Daughters-Of-Charity.com

Beginning Experience®: “Beginning Experience Weekend” for Separated, Divorced, and Widowed

Friday, August 13 - Sunday, August 15, 2021 at Holy Spirit Retreat Center in Encino

Beginning Experience(R) is an international lay ministry serving men and women who have experienced the loss of a spouse through death, divorce, or separation. This structured program helps a person move from the darkness of grief into the light of a new beginning with renewed hope. Beginning Experience(R) is recognized by the Office of Marriage and Family Life. To register & more information Contact Maria Rojas (& bilingual-Spanish) at 310-365-0186 or email to: beginningexp.losangeles@gmail.com

UPCOMING AT MARY & JOSEPH RETREAT CENTER

This Is The Life: Finding Grace in Each Moment with Rev. Terry Hershey

6:00pm Friday, August 27 to 1:30pm Sunday, August 29, 2021

What makes your heart come alive today? Let us relish the sacred in the ordinary. Terry Hershey is an author, ordained minister, humorist, and inspirational speaker. For details visit: <https://maryjoseph.org/event/this-is-the-life-with-rev-terry-hershey/> For a calendar of more Mary & Joseph events and retreats visit www.maryjoseph.org



THE APOSTLES OF DIVINE CHARITY (ADC)

(The Charitan Missionaries)

C/O Diocese of Obala, Évêché, B.P. 24, Obala, Lekie, Cameroun
Email: charitanvocations@gmail.com; Phone Number: +237672247359



July 15, 2021.

Our Lady of Guadalupe Parish,
244 Prospect Avenue,
Hermosa Beach, CA 90254-4934.

Vote of Thanks from the Apostles of Divine Charity

Dear Brothers and Sisters in Christ,

Grace and peace of our Lord Jesus Christ be with you all both now and forever.

On behalf of the entire family of the Apostles of Divine Charity (Charitan Missionaries) headquartered in the Catholic Diocese of Obala, Cameroon, I would like to use this opportunity to express our heartfelt and profound gratitude to the Catholic community of Our Lady of Guadalupe Parish, Hermosa Beach, California, for your charitable, prayerful, and financial supports toward our Charitan mission of serving the poor and the less privileged. Our congregation is highly appreciative of your prayers and monetary donations during our Mission Appeals at your parish on the weekend of July 10-11, 2021. May God replenish your pockets and continue to meet you with his grace, mercy, and love, at every point of your spiritual and material needs. Be assured that your donations will be used exclusively for the benefit of the less-privileged children of God in Africa. Please, pray for us and our mission as you all will always be held in our thoughts and prayers.

Sincerely yours in Christ & Mary,

Rev. Fr. Ernest E. Ukwueze.

*U.S. Mission Representative,
Apostles of Divine Charity.*



Safeguard the Children

Understanding the need for “likes”

Children and teenagers are spending more and more time connecting with their friends on social media. Research shows that people are hardwired to find social interaction and communication rewarding, and on social media, rewards come in the form of “likes.” Although apps like Instagram have recently moved to change how “likes” are seen on photos and videos, the drive to post something “likeable” is still there, and many users may feel the need to test boundaries to drive them up. It’s important for parents to understand the enticing nature of these apps, and to talk to their children and teens about internet safety and social media use. For more information, visit <https://www.missingkids.org/content/ncmec/en/blog/2020/love-of-likes.html>.

Comprender la necesidad de los “likes”

Los niños y adolescentes pasan cada vez más tiempo conectándose con sus amigos en las redes sociales. Las investigaciones muestran que las personas están programadas para encontrar gratificante la interacción social y la comunicación, y en las redes sociales, las recompensas vienen en forma de los “likes”. Aunque aplicaciones como Instagram han Avanzado para cambiar la forma en que se ven los “likes” en las fotos y los videos, el impulso para publicar algo “agradable” sigue presente, y muchos usuarios pueden sentir la necesidad de sobrepasar los límites para aumentarlos. Es importante que los padres de familia comprendan la naturaleza atractiva de estas aplicaciones y hablen con sus hijos y pequeños y con los adolescentes sobre la seguridad de Internet y el uso de las redes sociales. Para obtener más información, visite <https://www.missingkids.org/content/ncmec/en/blog/2020/love-of-likes.html>.

Do you have an announcement for the OLG Weekly Bulletin?

*If you would like to submit an announcement for the Bulletin,
please send a draft to bulletin@olgmail.org by noon on Tuesdays. Attach images separately as jpeg or png files.*



Sent by Our Lady of Guadalupe Church

244 Prospect Ave, Hermosa Beach, CA 90254 • ourladyofguadalupechurch.org