

Discussion Questions for Video 1: Introduction to the Eucharist Series.

1. In this video Fr. Paul outlined his faith journey and growth in appreciation and understanding of the Eucharist. Can you do the same? Describe your faith Journey and especially how you have understood and valued (or not) the Eucharist over the years. Has it changed over time?
2. This video contains a very provocative statement: “Jesus came to establish the Eucharist.” How do you respond to that statement? Do you agree? If yes, why? In not, why? If you do agree, how would you explain it, or defend it, to someone who does not agree?
3. Have you ever questioned, or tried to explain to another, “How Jesus saves us?” Have you seen the sacraments as an essential part of how we are saved? Do you think the sacraments are really necessary? Why or why not?
4. We teach that the sacraments truly contain the Grace they symbolize. But we also teach we must be disposed to receive those graces. What do you currently do to dispose yourself to receive the Eucharist and Reconciliation, such that you will receive more of the grace they contain?