



Jog-A-Thon 2015

Our Lady of Guadalupe School is having its 13th Annual Jog-A-Thon on Thursday, January 29th, 2015 during Catholic Schools Week. All students will participate and may walk, jog, or run to demonstrate our ongoing commitment to healthy lifestyles. All proceeds will go towards enhancing our technology program.

Here's how it works

Students get sponsors (as many as possible!) to sign up and pledge money in one of two ways: a specific amount per lap, or a one-time pledge. Sponsors can be friends, grandparents, aunts, uncles, godparents, work colleagues, etc. Consider reaching out to relatives across the country! For safety reasons, students should not go house to house seeking pledges unless accompanied by an adult.

On the day of the Jog-A-Thon, the students run/jog/walk as many laps as they can in 20 minutes. Students then go back to their sponsors and collect the amounts pledged. For example, if a sponsor pledges \$1.00 per lap and the student run 10 laps, the student would collect \$10.00 from that sponsor. Sponsor sheets are due to your child's teacher by **January 27th** and will be returned to the student for collection immediately following the event.

Look What's New This Year!

This year, Mrs. Beuder, Father Joe, and some of our staff are participating in the jog-a-thon. Ask your teacher if they are walking/running and want to be sponsored!

Attached is the Sponsor Sheet. It is due to your child's teacher no later than **January 27th, 2015**. Please note that each child must have their own sponsor sheet. Siblings may not share sponsor sheets

We need every family's support to make this year's Jog-a-thon our best ever! If you have questions or want to help, please call or e-mail: Kathy Fontanetta at (310) 547-7205, or kathyfont@verizon.net

THIS FORM IS DUE TO YOUR CHILD'S TEACHER BY 1/27/15.

Laps Completed _____

Student's First and Last Name _____ GR _____

**EACH STUDENT MUST HAVE THEIR OWN PLEDGE FORM.
NO SHARING WITH SIBLINGS.**

Our Lady of Guadalupe Jog-A-Thon
Sponsor Sign Up Sheet

I will have 20 minutes to complete as many laps as I can around the schoolyard.
I will be running, jogging or walking during the event.

<i>Name</i>	<i>Address and Telephone #</i>	<i>Pledge per lap</i>	<i>One time Pledge</i>	<i>\$ Amt Due</i>

For office use only

Total amount pledged: \$ _____

Funds collected at time of event: \$ _____

PAID IN FULL - YES CHECK NUMBER _____

Pledge balance due by student: \$ _____

Laps Completed _____

Want to sponsor Mrs. Beuder, Father Joe, or another OLG faculty member?

Student's First and Last Name _____ *GR* _____

Our Lady of Guadalupe Jog-A-Thon
Sponsor Sign Up Sheet

They will have 20 minutes to complete as many laps as they can around the schoolyard.
They will be running, jogging or walking during the event.

<i>Name of Runner</i>	<i>Name of Sponsor</i>	<i>Pledge per lap</i>	<i>One time Pledge</i>	<i>\$ Amt Due</i>
Mrs. Beuder				
Father Joe				
Other Faculty....				

For office use only

Total amount pledged: \$ _____

Funds collected at time of event: \$ _____

PAID IN FULL - YES CHECK NUMBER _____

Pledge balance due by student: \$ _____